

BestCare Treatment Services Position Description

Job Title: Psychiatric Mental Health Nurse Practitioner (PMHNP)
Job Family: Medical Services (MS)
Program: Community Mental Health Program and Mental Health Respite
Supervisor: Director of Nursing and Psychiatric Services
FLSA Classification: Exempt / Salaried
Revision Date: March 2023

Job Summary

The PMHNP works as a psychiatric provider in the community mental health or respite programs. The position works closely with the clinical teams, and collects objective and subjective data from observations, examinations, interviews, and written records in an accurate and timely manner. The PMHNP documents psychiatric and medical care, collaborates with the team to carry out the plan of care, and manages outpatient medication assisted treatment as well.

Essential Functions

1. Provides psychiatric evaluations and medication management services
2. Provides clinical consultation and leadership to clinical teams
3. Provides clinical consultation and support for community medical providers
4. Documents assessments and medical care using EHR
5. Reviews lab results with patients
6. Completes and signs medical orders (meds, labs, etc.) as needed in accordance with Oregon Administrative Rules
7. Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following detox and Medical Board philosophies and standards of care set by the State Medical Board
8. Recommends referrals to outside agencies as indicated
9. Provides education regarding healthy recovery following recommended principles, practices and theories of clinical education of patients in the areas of psychiatric care
10. Additional duties upon approval of employee, Director of Nursing and Psychiatric Services and BestCare Administration

Qualifications

Education, Certifications and Licensure

- Current license to practice as a Psychiatric Mental Health Nurse Practitioner in the State of Oregon
- Psychiatric specialty qualification
- Current CPR certification
- Must possess or have the ability to obtain a Drug Enforcement Administration (DEA) Certificate by date of hire

- Suboxone license preferred
- Must have a valid Oregon Driver License and be insurable under the company's liability insurance carrier

Experience

- Minimum of 3 years of Psychiatric NP experience in a primary care setting required
- For individuals recovering from the disease of addiction/substance abuse disorder, must have maintained continuous sobriety for the previous two years at the time of hire

Skills, Knowledge and Abilities

- Knowledge of and ability to practice using psychiatric principles and practices, laws, rules and regulations governing the provision of care to patients in the State of Oregon
- Knowledge of and ability to follow accepted processes, procedures and theories of clinical assessment, diagnosis and treatment of behavioral health clients
- Ability to communicate well with both patients, clinical staff, and community medical providers, and ability to establish and maintain effective working relationships with other employees, clients, community partners and other social or medical agencies
- Ability to provide clinical care in a trauma-informed and culturally specific manner
- Ability to provide supportive, non-judgmental care to clients recovering from substance use disorder in a diverse, multi-cultural community
- Ability to maintain confidentiality of privileged information in compliance with HIPAA, 42 CFR, the Employee Handbook and all privacy and security regulations
- Ability to work effectively either independently or as a part of a collaborative interdisciplinary team
- Strong communication skills, both oral and written, in English is required
- Bilingual in English/Spanish a plus
- Ability to use MS Office 365 (Excel, Word, Outlook, PowerPoint), EHR software, and databases to perform work

Tools and Equipment Used:

Office equipment including; multi-line phones, fax/scann/copy machines and printers. Medical equipment including; blood pressure cuff (digital and manual), pulse oximeter, digital thermometer, glucometers, venipuncture equipment.

WORK ENVIRONMENT/PHYSICAL DEMANDS: The work environment is respectful, multi-cultural and inclusive, and the characteristics described above are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. The position requires the employee to dress in a manner that meets the standards for professional attire at Best Care or per department-or job-specific requirements (See Dress Code Policy in Employee Handbook). Other conditions/demands include:

- Primarily indoors (95%)
- Must wear required Personal Protective Equipment (PPE)

- Must wear attire as prescribed for staff working in Medical Services
- Frequently sits at a desk, stands, walks, bends/stoops, reaches above/below shoulders, uses arms, wrists, hands, and grasps/squeezes
- Occasionally twists, crouches/squats
- Must be able to perform repetitive tasks/motions, have good manual dexterity
- Must be able to lift/carry up to 20 lbs. frequently and push/pull 21-75 pounds occasionally
- Must be able to hear alarms/telephone/audio/normal speaking voice
- Must have clarity of vision: Near (<20"); Mid (>20" to < 20'); Far (> 20')
- Must be able to drive motor vehicle to perform job
- May be exposed to communicable disease

THIS JOB DESCRIPTION DOES NOT CONSTITUTE AN EMPLOYMENT AGREEMENT BETWEEN THE EMPLOYER AND THE EMPLOYEE AND IS SUBJECT TO CHANGE BY THE EMPLOYER AS THE NEEDS OF THE EMPLOYER AND REQUIREMENTS OF THE JOB CHANGE.

Employee's Signature

Date