

Position Title: Behavioral Health Skills Trainer – Child and Family Team
Program: Crook County CMHP
Program Location: Prineville, Oregon
Employment Status: Full Time, Regular
FLSA Classification: Non-Exempt, Hourly
Salary/Wage: \$22.06 - \$28.94.

General Duties: This position will provide skills training to youth and families in a variety of setting including in the schools and community. This position will also be part of the Intensive In-Home Behavioral Health Treatment team. The IIBHT team can provide 4-6 hours of intensive in-home services to children and families who need more services and supports than can be received in traditional outpatient settings. This is a multi-disciplinary team that will consist of an LMP, a clinician, skills trainer, and peer support. The goal is to reduce out-of-home placements for children at risk of hospitalization or residential treatment.

Job Relationships:

- Reports to: Child & Family Team Supervisor, Program Director
- Employees Supervised: None

Specific Duties:

- Participate as part of a multi-disciplinary team providing services in the home (this could include the home of their nuclear family, foster home, group home, etc), schools, or community
- Build youth skills by working with youth and caregivers to develop adaptive and emotional coping skills such as emotional regulation, problem solving, communication, conflict management, and decision-making
- Build caregiver skills by working with caregivers to help them acquire and use behavior management skills as indicated by the treatment plan. Examples include: consistency and follow through, use of meaningful rewards and consequences, problem solving, praise and positive communication, conflict resolution, and the development of child supervision and monitoring plans
- Promote positive relationships by working with caregivers to develop supportive and nurturing relationships with the youth that promote resiliency and wellness.
- Engage the youth and caregivers in initial and continued psychoeducation surrounding the youth's diagnoses and/or behavioral health needs, as well as applicable intervention strategies.
- Ensure that there is cross-system collaboration and service coordination, including regular cross-system collaboration meetings.
- Work with the youth and caregivers to assess for the need of social services (e.g., food subsidies, housing and utilities assistance, and job training) and, if appropriate, help them access these services
- Support and empower the youth and caregivers to develop positive working relationships with other systems and providers who are engaged with the youth and/or caregivers
- Work with the youth and caregivers to understand each of the systems they are involved in, as well as share and model how they can effectively navigate those systems
- Work with youth and caregivers in linking youth with pro-social activities and peers
- Provide other case management services as needed.
- Conduct individual and group skills training activities based on individual service plans and utilize curriculum appropriate for age group of youth
- Maintain documentation in a timely manner in client files and agency logs.
- Model appropriate professional behavior to staff, clients, and community partners.
- Communicates clearly and respectfully with other staff, youth, family members, foster parents, and outside community partners
- Occasional client/family transportation to/from services or to connect with community-based resources.
- Depending on caseload size, it is possible this position would provide skills training to children and families not involved in the IIBHT program.
- Other duties as assigned by the Clinical Supervisor or Program Director.

Minimum Requirements:

- A Bachelor's degree in social work, psychology, or human services or three years of relevant experience in social service case management experience. Must be able to be certified as a QMHA within 2 months of hire. Preference will be given to individuals who are already QMHA certified.
- High level engagement skills with children, family members, and community partners.
- Ability and willingness to perform high level collaboration with various team members, clients and families, and community partners.
- Possess the knowledge, skills and competence to help students/families access MH treatment and social services.
- Be respectful of and have a high level of appreciation for cultural diversity, including working with students and families in poverty.
- Good documentation and record keeping skills.
- Bilingual English/Spanish is preferred, but not required
- Ability to work effectively in multiple cultural contexts is essential.
- Ability to develop strong collaborative relationships with a range of community partners is critical.
- Flexibility is a must.
- Valid Oregon Driver's License required.

Tools and Equipment Used:

Must have competency in using a computer for word-processing, database and Internet usage. Must be able to operate usual office equipment such as fax, telephone, and photocopier machine. Must have a current and valid driver's license and proof of insurance the law requires.

Physical Demands:

The physical demands described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing this job, the employee is regularly required to reach with hands and arms. The employee is frequently required to stand, walk, and use hands to handle, feel or operate objects or controls. The employee is occasionally required to sit; climb or balance; stoop, kneel, crouch, or crawl; and talk and hear. The employee must occasionally lift and/or move up to twenty (20) pounds. Specific vision abilities required by this job include close vision and the ability to adjust focus.

Work Environment:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Work will take place in a variety of setting including the clinic, homes, group homes, other residential placements, and other locations are possible. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The position requires the employee to dress in a professional manner that meets the standards for professional employees in Central Oregon.

To Apply:

Please complete an application using the link below along with a cover letter, resume, personal email address for communications and contact information for three supervisory references.

[Application for Employment – BestCare \(bestcaretreatment.org\)](http://bestcaretreatment.org)