# MENTAL HEALTH CASE MANAGER AND SKILLS TRAINER - PRINEVILLE, OREGON

BestCare Treatment Services in Prineville is recruiting for a Mental Health Case Manager and Skills Trainer! This is a Full Time regular position that includes a competitive benefits package, FOUR WEEKS of paid time off, NINE recognized holidays, and a retirement account option. Staring hourly wage for this position is \$22.06 - \$28.94 dependent upon verified applicable experience and education. Bilingual strongly preferred and compensation (or pay) commensurate with bilingual skillset.

BestCare Treatment Services is proud to be one of the longest-term providers of alcohol & drug rehabilitation and mental health services in the Central Oregon region. We got our start in November of 1997, thanks to a partnership between Deschutes County, State of Oregon, and St. Charles Medical Center. From a modest, singular drug rehab center, we have grown to offering residential and outpatient services in four cities in addition to the only Spanish-speaking alcohol and drug rehab facility in the state. We have helped thousands of people find the help they need in a caring and collaborative environment and we remain true to our founding mission:

## To advocate and provide compassionate care in the treatment and prevention of addiction and mental illness.

As an agency, BestCare has a family feel with a supportive staff of hard-working professionals whose compassion and dedication is unmatched in our industry. They are smart, kind, innovative and strive to offer the best services available under all circumstances. Does this sound like you? If so, we invite you to join our team by applying for this exciting position.

Located in beautiful Central Oregon, Prineville, Oregon, is home to scenic river gorges, deep desert canyons, and other delightful treasures. The community is tight-knit and is known for its livability, affordability, community spirit and its easy access to many outdoor activities. The surrounding landscape offers gorgeous snow-capped mountain views, fresh, clean rivers and lakes and breezy high desert plains. Prineville is in close proximity to a myriad of destination locations for fun and relaxation including the breath-taking Cascade Mountains, world famous Smith Rocks State Park, and Cove Palisades State Park on Lake Billy Chinook just to name a few.

If this sounds enticing, don't wait! Apply today and join the family!

Title: Mental Health Case Manager & Skills Trainer

Program: Crook County CMHP
Program Location: Prineville, Oregon
Employment Status: Full Time Regular
Non-Exempt (Hourly)

#### Job Relationships:

Reports to: Mental Health Clinical Supervisor; Program Director

Employees Supervised: None

#### **Duties:**

1. Work closely with other staff as a member of a treatment team; this position is a key position on the Mental Health Team.

- 2. Provide support to mental health clients in achieving their identified goals and objectives.
- 3. Work with the client to assess for the need of social services (e.g., food subsidies, housing and utilities assistance, entitlement programs, and job training) and, if appropriate, help them access these services
- 4. Build skills by working with client to develop adaptive and emotional coping skills such as emotional regulation, problem solving, communication, conflict management, and decision-making
- 5. Develop and maintain strong collaborative relationships with a wide range of community partners, including (but not limited to): Self-Sufficiency and Seniors/People with Disabilities, Adult Community Justice, Public Health, Mosaic Medical and other primary care clinics including dental. *Note*: there is a strong emphasis on helping coordinate primary and dental care for mental health clients with severe and persistent mental illness or serious mental illness and effective collaboration and bridging between behavioral health and primary care.
- 6. Provide transportation for clients when appropriate and under the direction of the mental health clinician and/or MH clinical supervisor.
- 7. When appropriate, conduct or participate in client home visits and welfare checks, working in conjunction with the mental health clinician and/or MH clinical supervisor.
- 8. Under the direction of the MH clinician and when appropriate, participate in, co-facilitate, or lead psycho-educational, skill development, anger management, art, other types of groups, when appropriate.
- 9. Maintain clinical documentation within agency stated timelines.
- 10. Participate in training (agency, state, regional, etc.) that will assist the employee in their position.
- 11. Model appropriate behavior to the newer staff, and help train and orient new staff to the program. In addition to being a positive role model, providing assistance to clients, showing compassion, and being effective in engaging clients in mental health treatment services wherever possible.
- 12. Other duties as assigned by the program manager and/or clinical supervisor.

#### **Minimum Requirements:**

- Bachelor's degree in psychology, social work, behavioral sciences, or related field or have a minimum of three years of demonstrated work in the social services or counseling field required. Be eligible for certification as a QMHA.
- Ability to work effectively in multiple cultural contexts is essential. Ability to develop strong collaboratively relationships with a range of community partners is critical. Flexibility is a must.
- Have the knowledge, skills, and abilities demonstrating competence in the following essential job functions: treatment of mental health and substance-related disorders including client evaluation and individual, group, family, and other counseling

techniques; program policies and procedures for client case management and record keeping; and accountability for recording information in the client files assigned to them consistent with those policies and procedures and applicable OAR's.

### **Tools and Equipment Used:**

Must have competency in using a computer for word-processing, data base and internet usage. Must be able to operate usual office equipment such a fax, telephone, and photocopy machine. Must have a current and valid driver's license and will operate company vehicles, must be insurable.

#### **Physical Demands:**

The physical demands described here are representative of those an employee encounters while performing the essential function s of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing this job, the employee is regularly required to reach with hands and arms. The employee is frequently required to stand, walk, and use hands to handle, feel or operate objects or controls. The employee is occasionally required to sit; climb or balance; stoop, kneel, crouch, or crawl; and talk and hear. The employee must occasionally lift and/or move up to twenty (20) pounds. Specific vision abilities required by this job include close vision and the ability to adjust focus.

#### **Work Environment:**

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The position requires the employee to dress in a professional manner that meets the standards for professional employees in Central Oregon.

#### To Apply:

Please complete an application using the link below along with a cover letter, resume, personal email address for communications and contact information for three supervisory references.

<u>Application for Employment – BestCare (bestcaretreatment.org)</u>